

FRASER NORTHWEST

DIVISION OF FAMILY PRACTICE



The Fraser Northwest (FNW) Division of Family Practice encompasses family physicians and family practice offices in New Westminster, Coquitlam, Port Coquitlam, and Port Moody, B.C.

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THE FNW DIVISION

WEBSITE **HERE** 

MEMBERSHIP PORTAL **HERE** 

ADDRESS: UNIT 407 625 5TH AVENUE
NEW WESTMINSTER, B.C.
V3M 1X4

VISION

Fraser Northwest Division of Family Practice strives to be a leader in supporting a healthy and sustainable community of:

- Doctors committed to continuity of care
- Patients participating in managing their health
- Primary care which is accessible, and relationship based

MISSION

Fraser Northwest Division of Family Practice is committed to building a positive primary care experience through:

- Being the nucleus for primary care improvement in our region.
- Improving access to care through increasing the number of family physicians.
- Supporting family physicians to improve their capacity to provide care.
- Establishing a network for collaboration between family physicians and other health care partners and community stakeholders.
- Providing a voice for our family physicians through grassroots through engagement, dialogue, idea gathering, and participation.
- Engagement with our patients to understand their expectations and needs.

VALUES

- We prioritize key projects in accordance with our vision and mission and only after consultation with our members.
- We appreciate the strengths and diversity of all our members.
- We approach the work of the division in the spirit of collaboration, transparency, authenticity, integrity, and accountability.
- We aim to adapt quickly and respond to our members and their patients' needs.
- We strive to be fiscally responsible.
- We recognize the importance of the patient voice.

We are privileged to be on the ancestral, traditional and unceded territory of the Kwikwəḷəm (Kwkwetlem), Qiqéyt (Key-Kayt) and Coast Salish Nations

MEMBERSHIP BENEFITS

1. The time commitment is flexible
2. Our focus areas are driven by the needs of our members – more physicians mean more feedback, which allows us to better address the needs of our community
3. Being part of a local community of more than 450+ practicing physicians provides the opportunity to connect and network with your colleagues
4. The opportunity to join a working committee dealing with an issue that is important to you or to attend member dinner meetings and CME offerings
5. Access to Pathways which is a web-based application which operates as a specialist/clinic referral tool and a repository of FNW Division's shared care work and selected clinical pearls, care pathways, red flags indicating an urgent referral is required, and patient information materials, etc.
6. Free registration to "Up to Date" and Group Purchasing discounts for medical supplies



PATHWAYS

Pathways is an online resource that provides physicians and their office staff quick access to current and accurate referral information, including wait times and areas of expertise for specialists and specialty clinics.

Pathways also provides access to hundreds of patient and physician resources and a searchable community service directory.

Login **here** 



THE BOARD

Dr. Stephanie Aung | Co-Chair
Dr. Herb Chang | Knowledge Keeper
Dr. Huy Nguyen
Dr. Kathy Jones
Dr. Johnny Lee
Dr. William Mak | Resident Advisor
Dr. Josee Poulin | Secretary
Dr. Christine Sorial
Dr. Jennifer Yun | Co-Chair
Dr. Vincent Wong | Treasurer
Dr. Gina Zheng

PROGRAMS

Check out some of the programs the Division offers and let us know if you are interested in learning more!

- **Chronic Pain/Opioid Agonist Treatment:** learn about new CP/OAT services for your patients
- **Human Resource Consulting:** practices/physicians can receive one on one consulting/advising on HR related issues/concerns/processes
- **FP and NP Recruitment:** have space in your practice for a FP and/or NP? Connect with us to maximize recruitment opportunities for your practice including locum coverage, permanent positions, and PCN FP/NP Contracts
- **Maternity Network:** promote interprofessional collaboration in maternity care to improve the quality of primary maternity care
- **Medical Office Assistant Database:** get access to a list of pre-vetted casual and permanent MOAs
- **Mental Health Clinical Counsellors:** work with SHARE and FHA to implement the new mental health clinical counsellor program
- **Mentorship:** want to be a mentor? Or are you looking for a mentor? Connect with our new mentorship project
- **Virtual Care/Telehealth Support:** we can help you get set-up
- **Shared Care Initiatives:** learn more and get involved with any of these initiatives: Palliative Care, ER Discharge, MHSU, Chronic Pain, Maternity, Older Adult, Women's Health, Cancer Care & Respiriology
- **Recruitment & Retention Committee:** learn more or join the committee
- **Pathways:** connect with our Pathways Admin to update your profile and learn how to better utilize Pathways
- **Registered Nurse in Practice:** learn more and ensure your practice is ready
- **Website Development:** does your clinic need a website? Let use create one for you! Websites can include: online booking (fully EMR integrated), Virtual Care, office hours/holiday closures, etc
- **Website Assistance:** if your clinic has a website that is outdated or needs some help our web developer can take care of this for you

- **Clinic Recruitment Brochures & Videos:** customized brochure and/or videos for practices created to aid in recruitment
- **Long-Term Care Orientation & Support:** connect with our LTCI team to learn more about being an LTCI physician
- **Retirement Workbook:** a checklist to help prepare you for retirement. This resource is perfect if you are in your last 5 years of practice
- **Complex Care Management Program:** get the most out of the incentive fee codes available to you
- **Practice Support Program:** connect with PSP for details on phases of panel management and QI projects

ELECTIVES

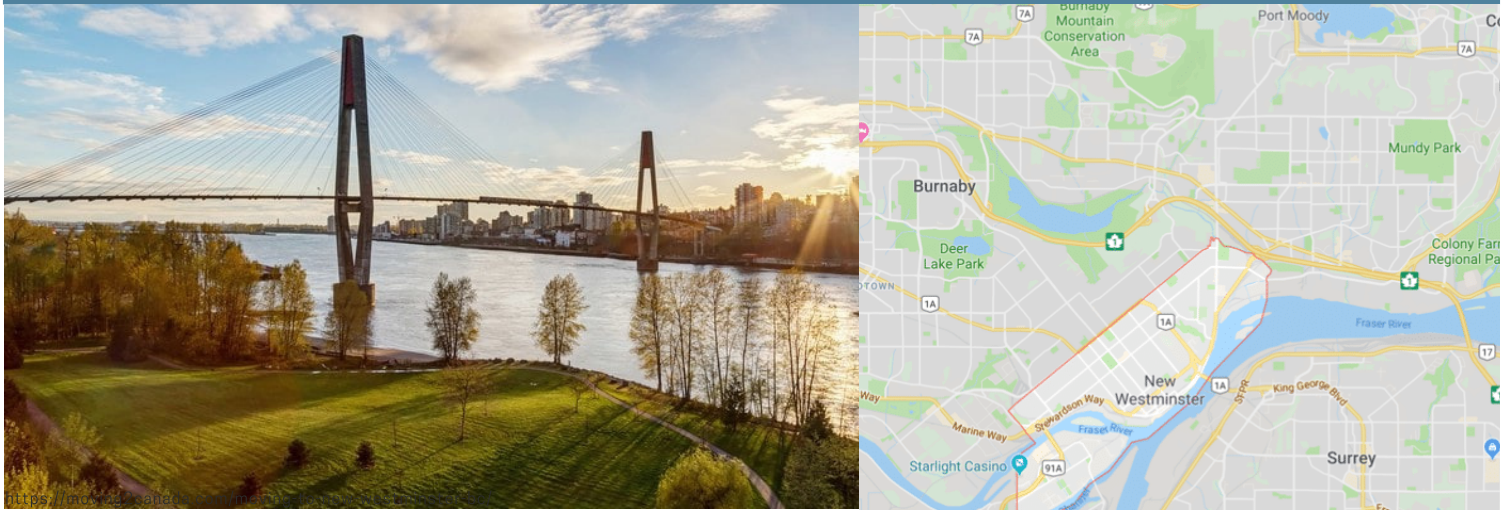
Let us know if you are interested in learning more about the following electives the Division offers

- Shared Care Program: In-Patient Psychiatry
- Long Term Care Initiative
- Maternity Care

COMMUNITY OVERVIEW

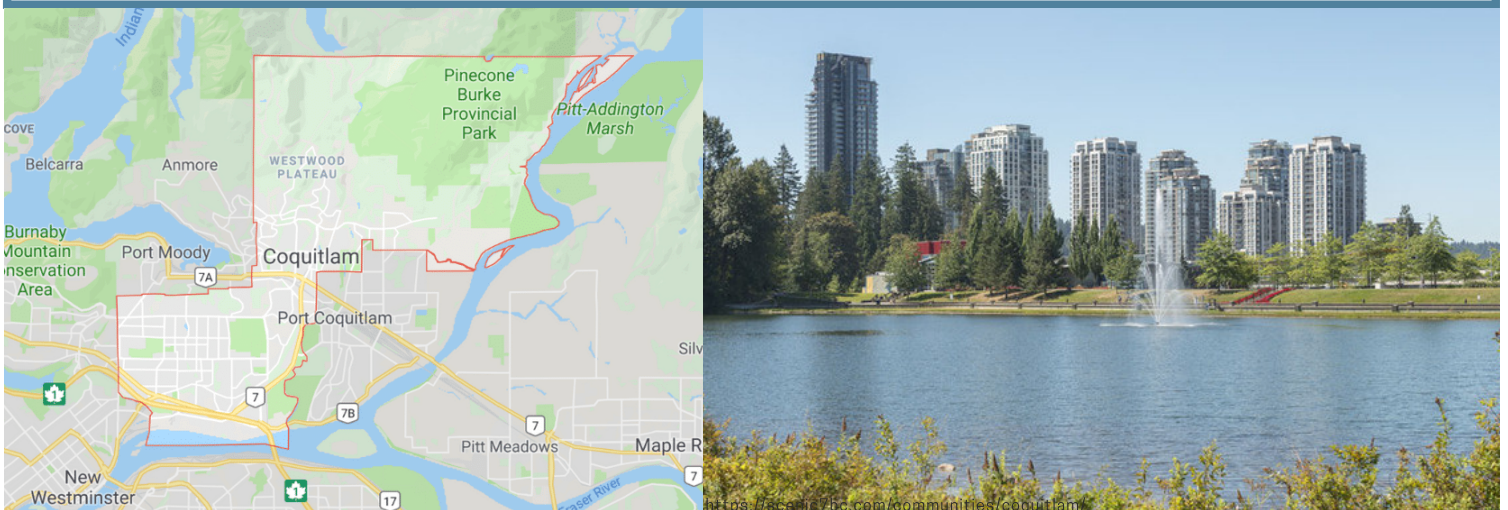
NEW WESTMINSTER

New Westminster was founded in 1858 and was the first capital of B.C. It has an area total of 70 square kilometers and a population of 70,000 as of 2016. This historical town is home to a beautiful waterfront and the fishing industry. It was named by Queen Victoria after her favourite part of London which is Westminster.



COQUITLAM

Coquitlam, incorporated in 1908, is a suburban city located in Metro Vancouver. With an area of 122 square kilometers and a population of approximately 139,000 as of 2016, Coquitlam is a continuously growing community. Coquitlam is home to many beautiful parks and trails.



PORT COQUITLAM

Port Coquitlam was incorporated in 1913, has an area of 29 square kilometers and a population of 58,000 as of 2016. Port Coquitlam has evolved from farmland to suburban housing and is continuing to evolve.



PORT MOODY

Incorporated in 1913, Port Moody is the smallest of the Tri-Cities with an area of 25 square kilometers and a population of 33,000 as of 2016. This beautiful community is known for its parks, trails, hiking, and is home to the Coast Mountains.



HOSPITALS

EAGLE RIDGE HOSPITAL

475 Guildford Way, Port Moody V3H 3W9

ROYAL COLUMBIAN HOSPITAL

330 E Columbia St, New Westminster V3L 3W7



PHARMACIES

COQUITLAM

London Drugs | Barnet & Austin
Safeway
Mediglen Pharmacy & Compounding
Shoppers | Lougheed, Parkway Blvd,
Clarke, David, Como Lake & Austin

Pharmasave
Real Canadian Superstore
Rexall
Loblaw | Lougheed & North Rd
Glen Pharmacy

NEW WESTMINSTER

West End

London Drugs

Shoppers | Sixth, Columbia & Columbia E.

Pharmasave

Safeway | McBride & Carnarvon

Walmart | Boyd & Sixth

Guardian-Kent

Rexall

Queensborough Community

Global Pharmacy

West End Medicine Centre

Imperial Pharmacy

The Medicine Shoppe

PORT COQUITLAM

Medis Pharmacy

Safeway

Shoppers | Shaughnessy & Village Dr.

Guardian-Wilson

Pharmasave | Elgin, Shaughnessy & Coast

Meridian

Costco

Walmart

PharmaChoice

Burke Mountain

Med-X Pharmacy

Wilson

Westwood

PORT MOODY

Shoppers | St Johns & loco



LIFELABS



NEW WESTMINSTER

625 5th Avenue, Suite 508
227 Nelson's Crescent

COQUITLAM

435 North Road, Suite R
106-1015 Austin Avenue
3001 Gordon Ave, Suite 208
1194 Lansdowne Drive, Suite 313

PORT COQUITLAM

2185 Wilson Ave, Suite 7
1465 Salisbury Avenue, Suite 115

PORT MOODY

2624 St Johns Street, Unit 101

MEDICAL IMAGING



NEW WESTMINSTER

West Coast Medical Imaging:
610 Sixth St, Unit 200 and
233 Nelson's Crescent

(604) 522 6818 and
(604) 526 2466

COQUITLAM

MedRay Imaging Medical Corporation:
3001 Gordon Ave, Unit 100
(604) 941 7611

West Coast Medical Imaging:
1015 Austin Ave, Unit 101
(604) 937 5588

TOURIST ATTRACTIONS

NEW WESTMINSTER

Westminster Pier Park
Starlight Casino
PaddleWheeler Riverboard Cruises
The River Market
Queen's Park
New Westminster Museum and Archives



COQUITLAM

Coquitlam Crunch
Hard Rock Casino Vancouver
Crystal Falls



PORT COQUITLAM

Traboulay PoCo Trail
PoCo Heritage Museum and Archives



PORT MOODY

White Pine Beach

Rocky Point Park

Parkside, Yellow Dog, Moody Ales & Twin

Sails Breweries

Buntzen Lake



RESTAURANTS



NEW WESTMINSTER

Angelina's | Dutch \$\$

Cockney Kings Fish & Chips | Seafood \$

El Santo | Mexican \$\$

Taverna Greka | Mediterranean \$\$

The Old Bavaria Haus | European \$\$

Burger Heaven | American \$\$

Piva Modern Italian | Italian \$\$

River's Reach Pub | American \$\$

Thai New West | Thai \$\$

COQUITLAM

My Greek Taverna | Greek \$\$

Lazzez's Grill Indian Cuisine | Indian \$\$

John B. Neighbourhood Pub | American \$\$

JOEY | American \$\$

Cactus Club Cafe | American \$\$

The Coquitlam Grill | American \$

The Keg Steakhouse | Steakhouse \$\$\$

Cora's | American Brunch \$\$

PORT COQUITLAM

Izba Bistro | European \$\$

Gillnetter Pub | American \$\$

The Big Flat Pancake Co. | American \$\$

Pallas Athena Greek Kouzina | Greek \$\$

Ma Now Thai Kitchen | Thai \$\$

San Remo | Italian \$\$

Sushi K Kamizato | Japanese \$\$

Me-N-Ed's Pizza Parlors | Italian \$\$

Spice Art Indian Cuisine | Indian \$\$

Earls | American \$\$

PORT MOODY

Saint St Grill | American \$\$\$

Pajo's Restaurant | Seafood \$\$

Aroma Indian Restaurant | Indian \$\$

Spacca Napoli | Italian \$\$

Rosa's Cucina Italiana | Italian \$\$\$

Little Bangkok Thai Kitchen | Thai \$\$

Browns Socialhouse | American \$\$

Burrard Public House | American \$\$

Henry's Kitchen Pasta & Grill | French & Italian \$\$

RECREATION



NEW WESTMINSTER

Canada Games Pool

Centennial Community Centre

Century House

Moody Park Arena

Queen's Park Arena

Queensborough Community Centre

Moody Park Outdoor Pool

Hume Park Outdoor Pool

COQUITLAM

Poirier Sports & Leisure Complex
City Centre Aquatic Complex
Pinetree Community Centre
Poirier Community Centre
Dogwood Pavilion
Glen Pine Pavilion
Centennial Activity Centre

Smiling Creek Activity Centre
Summit Community Centre
Victoria Community Hall
Eaglequest Golf Club
Vancouver Golf Club
Westwood Plateau Golf Course

PORT COQUITLAM

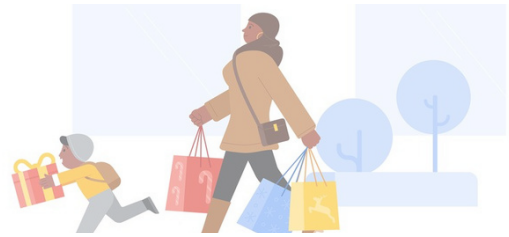
Carnoustie Golf Course
Hyde Creek Recreation Centre
Port Coquitlam Recreation Complex
Centennial Outdoor Pool
Robert Hope Outdoor Pool

PORT MOODY

Westhill Outdoor Pool
Rocky Point Outdoor Pool
Westhill Youth Centre
Heritage Mountain Community Centre
Port Moody Recreation & Weight Room



SHOPPING



NEW WESTMINSTER

Royal City Centre
Westminster Centre
Royal Square Mall

Shops of New West
Columbia Square Plaza
Sapperton Plaza

COQUITLAM

Coquitlam Centre
Westwood Mall
Henderson Place Shopping Centre
Cariboo Centre

Sunwood Square
Lougheed Town Centre
Pinetree Village

PORT COQUITLAM


Dominion Triange/Fremon Village
Downtown Port Coquitlam
PoCo Place Mall


Prairie Mall
Shaughnessy Station Mall
Westwood Centre


PORT MOODY

Heritage Mountain Shopping Centre
Newport Village
Suter Brook Village

TRANSPORTATION

Bus | Schedule **here** 

Skytrain & Canada Line | Schedule **here** 

West Coast Express | Schedule **here** 

Taxi

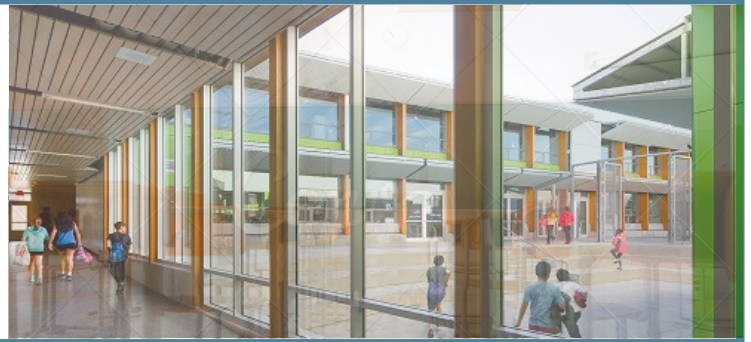


SCHOOLS

COQUITLAM | PORT COQUITLAM
| PORT MOODY

School District #43

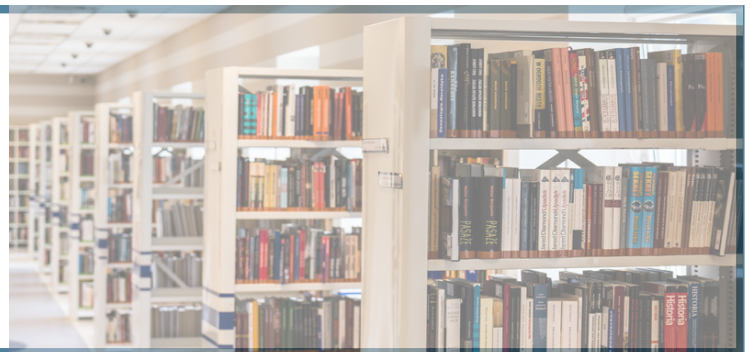
View more information **here** 



NEW WESTMINSTER

School District #40

View more information **here** 



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